



Sackville Memorial
HOSPITAL
FOUNDATION

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FOUNDATION *Focus*

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"One side of my heart was not pumping blood properly and had I not gone to our local hospital, it could have ended up as a heart attack or worse." Jasper Sears

Midgic resident **Grateful for Care** Received at SMH

A few years ago, Jasper Sears, life long resident of Midgic, was having difficulty breathing. "It didn't matter what I was doing, I just couldn't seem to get enough air in my lungs." Like many people do, the now 76-year-old put off going to hospital for a couple of weeks. It wasn't until his wife of 53 years, Edna, and friends noticed his laboured breathing worsening and urged him to seek medical attention.

Jasper headed to the Emergency Department at the Sackville Memorial Hospital (SMH) and was very impressed with how quickly things transpired. "The staff was very attentive and within minutes, I was hooked up to what seemed to be

every piece of equipment they had in there," quips Sears.

After tests and an overnight stay at SMH, Jasper was transferred to The Moncton Hospital to see a Cardiologist and then on to the New Brunswick Heart Centre in Saint John where he learned he had a 70% blockage in one of his arteries.

"One side of my heart was not pumping blood properly and had I not gone to our local hospital, it could have ended up as a heart attack or worse."

Thankfully, no surgery was required, and Jasper was put on medication which rectified the problem. He continues to go for blood work every

two weeks to monitor his issue and is grateful for the short jaunt to get to the hospital.

Within two weeks of diagnosis, to his surprise and with much gratitude, Jasper was back to work as a commissionaire at the Dorchester Penitentiary.

Jasper states that this experience has brought to light the importance of our local hospital, the Foundation and its donors who purchase sophisticated equipment for the staff to care for patients. **"I had the greatest of care and I urge Tantramar residents to continue supporting the Foundation in their efforts to keep our hospital vibrant."**

2019 Annual Campaign Most Ambitious Goal in Foundation's History Reached!

Your generosity makes it possible for SMH to revolutionize the way patients experience care with a new level of imaging. **THANK YOU!**

Advanced imaging technology will soon be available at the Sackville Memorial Hospital thanks to the community coming together to raise a record **\$260,000**. These funds were used to purchase a critical **Mobile Digital X-ray Unit** (\$240,000) and a **Modern Radiology Table** (\$20,000).

An upgrade to a mobile digital unit will allow the Medical Radiation Technologists (MRTs) to take X-rays at the patient's bedside throughout the hospital when a patient is too ill to have their procedure completed within the Medical Imaging Department. These images are sent electronically to a Radiologist at The Moncton Hospital where they will be read to determine accurate diagnoses and to provide appropriate interventions. When the unit is not traveling throughout the hospital, it will perform general radiology examinations within the Medical Imaging Department.

Amanda Wilson, Director of Diagnostic Imaging, Moncton Area, Horizon Health Network, is delighted that staff will have leading diagnostic tools to view more crisp and detailed images.



From left to right: Kim Hicks (Food Services); Audrey Hicks (Auxiliary); Emilie Doucet (Facility Manager); Christine Daigle (Admin Assistant); Sheila Parker (Foundation Board); Frank Oulton (Donor); Pat Estabrooks (Campaign Chair); Bill Evans (Foundation Board), Earle Ali (Medical Radiation Technologist) and Travis Thurston (Maintenance) celebrate reaching campaign goal.

"This purchase is a huge advancement from the existing 2004 analog unit. The current unit requires the image be captured onto an X-ray cassette, which in turn has to be returned to the Medical Imaging Department for processing. The image is then validated by the technologist, ensuring the image is acceptable for physician interpretation. With this advancement in technology, turn-around time will be shortened and image quality will be vastly improved," states Wilson.

Other advantages of a new Mobile Digital X-ray Unit include having a quick turnaround time increasing efficiencies and significantly improving workflow for MRTs eliminating the

need to move heavy equipment and cassettes around. The advanced unit has an ergonomic design and offers instant low dose, high-quality image capture. In addition, all images will be available in the patient's electronic imaging record within seconds.

Campaign Chair Pat Estabrooks says she is beyond thrilled with the campaign's success.

"Our donors dug deep into their pockets to ensure that the MRTs have the best technology leading to the most accurate results for the over 9,000 radiology exams performed at the SMH each year."

The new unit and radiology table are expected to be operational this Fall.

We support community health & wellness initiatives

The Foundation is delighted to have provided financial support to the Westford Nursing Home for a wheel chair accessible interactive **Serenity Garden**. This open outdoor space will encourage interaction between residents and volunteers of all ages through gardening activities, walks, sitting quietly and listening to the sounds of nature, or just chatting.

The Serenity Garden project will be a safe environment for the enjoyment of residents, their families and friends, seniors living in the community and the nursing home staff.

Funding was also provided to EOS Eco-Energy for **Climate Change Stress Group Counselling**. Workshops are offered to the general public and for



Serenity Garden at Westford Nursing Home.

all age groups. Sessions will provide an opportunity for participants to share their emotions, stories, concerns, fears and also learn a variety of coping strategies, as well as how to harness stress and turn it into something positive.

Funding Available

If you have a health and wellness project that focuses on improving the well-being of our community, the Sackville Memorial Hospital Foundation may be able to help. Community groups and not-for-profit organizations throughout the Tantramar area are encouraged to apply for funding for health and wellness initiatives.

Application guidelines and application can be viewed on www.smhf.ca/healthandwellnessfunding.

Please note that limited funding is available and not all projects will be accepted.



Paint Nite Fundraiser Staff Raise Funds for Their Hospital

A successful paint nite raised \$450 for the Foundation's annual campaign. In photo, participants proudly display their masterpieces!

DONATION FORM

Yes, you can count on my support!

Enclosed is my gift of:

\$35 \$50 \$100 \$250 Other \$ _____

Please make your cheque payable to:
Sackville Memorial Hospital Foundation
8 Main Street, Sackville, NB E4L 4A3
Tel. 506.364.4205
E-mail: smhfoundation@horizonnb.ca



Donate on-line at www.smhf.ca. Our on-line donation feature offers an instant, secure, and easy way to give.

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thank you!



Foundation Recognizes Long Time Treasurer

The Sackville Memorial Hospital Foundation recently bid farewell to Brian Muir after serving nine years as Treasurer on the board of directors. At the SMHF Annual General Meeting held in June, Chair Elaine Smith presented Brian with a framed certificate in recognition of his many years of service.

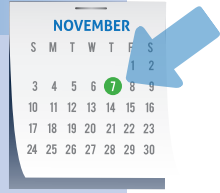


Did you know that the Foundation sponsors colouring kits for kids?

Families with children visiting the Sackville Memorial Hospital are provided a colouring pack to help keep them occupied during their stay. In photo, kits being put together by Foundation board member Sheila Parker, her grandson Jaden Parker and granddaughter Natalie Parker.

You are invited!

The public is invited to attend the campaign wrap-up celebration slated for **Thursday, November 7 at 12 noon** in the hospital atrium. You will also be able to view the updated donor recognition display located in the hospital lobby. A light lunch will be served. **All are welcome!**



Foundation Awards Bursaries to TRHS Students

SMHF recently awarded three \$1,500 bursaries to Tantramar Regional High School students who will be studying in the healthcare field. Left to right are: Alex Rhindress, attending Dalhousie University, taking a Bachelor of Science in Neuroscience, pursuing a degree in the field of medicine; Logan Reid, attending Mount Allison University, taking Bachelor of Science to become a Physiotherapist; and Olivia Brownell, attending St. Francis Xavier University, Nursing. These bursaries were established in honour of Foundation board members who have passed away.

Did you know?

If you would like to learn more about listed securities or legacy giving, please contact H el ene Ouellette at 860-2307.

2019-2020 Board of Directors

Elaine Smith Chair	Directors	
Bill Evans Vice-Chair	Sheila Parker	Katherine DeVere-Pettigrew
David Stewart Treasurer	Pravin Varma	Pat Estabrooks
Nancy Parker Secretary	Marilyn Prescott	Cindy Crossman



MISSION STATEMENT

The mission of the Sackville Memorial Hospital Foundation is to raise funds and administer its resources to preserve, maintain and enhance the quality of health care in the Tantramar region.