



Sackville Memorial
HOSPITAL
FOUNDATION

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Outdoor Garden Courtyard Will Inspire Hope, Healing and Wellness for Patients and Families

The Sackville Memorial Hospital (SMH) Foundation has launched its **Rest Restore Reconnect** Campaign with an ambitious \$150,000 goal. Funds raised will be invested in a much-needed therapeutic **Outdoor Garden Courtyard** for patients, families, and staff.



OUTDOOR GARDEN COURTYARD
ANNUAL CAMPAIGN 2023

The area—located outside and behind the hospital (access will be from the Brunswick West patient lounge)—will be transformed into a three-season space for patients to relax and heal. This much-needed area will foster wellness in an environment for those yearning for a quiet spot and time to reflect, outside of their hospital room.

The courtyard will offer multiple benefits to patients, such as reducing stress and anxiety, and supporting recovery, while addressing their emotional and social needs. Just having access to sunlight is proven to help ease mild depression and improve sleep quality.



Outdoor Garden Courtyard

SMH Facility Business Manager Sarah Brown says this is welcome news. “A serene space would provide a significant improvement to a patient’s physical and psychological wellbeing. This is needed now more than ever.” She continued by stating that **“the pandemic reinforced and highlighted the need for this project. An outdoor space will offer a comforting environment to go to, where patients can experience the tranquility of nature and a break from the reality of being hospitalized.”**

Campaign Chair Carolle de Ste-Croix urges everyone to donate to this project. “We all understand the importance of wellness. Our friends and family deserve to have access to a comforting space, and people to inspire healing during their health journey, offering hope that they have a life beyond their illness and symptoms,” says de Ste-Croix.

The proposed design is for a covered porch area of 450 sq. feet, with a seating area that includes ample furniture, a robust flower garden, and barrier-free pathways. Construction will commence early summer with an expected completion in late fall.

CONTINUED ON PAGE 2

“My experience at SMH was second to none.”

Eddy Arsenault from Dieppe can't say enough about the top-notch care he received in February when he underwent surgery to repair two torn ligaments and one damaged tendon in his wrist. He says Dr. Diana Isa and the entire health care team were exceptional.



Eddy Arsenault underwent surgery at SMH to repair two torn ligaments and a damaged tendon.

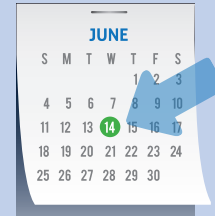
The operation went extremely well and I was in and out in no time at all. My recovery has been great. The SMH Physio staff were very helpful and it's clear they care. SMH staff rate 10 out of 10 in my books. I am looking forward to getting back to golfing, fishing and painting which has been difficult and painful these past few years.

Outgoing Board Member Recognized

The Foundation recently presented outgoing board member Katherine DeVere-Pettigrew with flowers and a certificate to thank her for her contribution to the Board. Katherine served on the board from 2016-2023. Thank you Katherine for your help in advancing the Foundation's mission.

You're invited to our AGM

The Sackville Memorial Hospital Foundation's Annual General Meeting will be held virtually on **Wednesday, June 14 at 7 pm**. If you are interested in receiving Zoom link contact Jessica at 506.364.4205.



CONTINUED FROM PAGE 1

Campaign Launched March 30

Please give

The successful launch for the **Rest Restore Reconnect** Campaign was held March 30 in the atrium with a limited number of attendees due to COVID restrictions.



Jerry Hannah demonstrates his talent on piano.



At the launch, Carolle de Ste-Croix, Campaign Chair, expressed her delight with this exciting campaign and urged donors to give.



Partners in Giving

The Foundation acknowledges donors for their contribution to the Sackville Memorial Hospital through its Partners in Giving Donor Recognition Program. The levels are as follows:

- Humanitarian \$1,000,000 +
- Philanthropist \$500,000-\$999,999
- Builder \$250,000-\$499,999
- Developer \$100,000-\$249,999
- Leader \$50,000-\$99,999
- Trustee \$25,000-\$49,999
- Founder \$10,000-\$24,999
- Partner \$5,000-\$9,999
- Benefactor \$1,000-\$4,999

All levels are cumulative from 1998 and are listed on the recognition wall located in the lobby of the SMH, which is updated annually. The Foundation respects donors who wish to remain anonymous.

An Update from Horizon

Horizon's Sackville Memorial Hospital is thriving!

As ever, system improvements within the emergency department as well as retention and recruitment efforts continue to be our top priorities—and we've seen lots of positive changes happening in our small but mighty facility.

Renovation and repairs to the emergency department are complete after flooding caused extensive damage in September. The renovations included modernizing the Emergency Department and focused on brightening up patient care areas and the nursing station.

These modern work environments are a selling point when recruiting staff, nurses, and physicians, and I'm happy to report there has been very encouraging and successful nursing recruitment to all nursing areas within our hospital. The Brunswick inpatient unit and the emergency department have **onboarded close to 20 new LPNs and RNs, and we've added a number of nurse practitioners and casual nursing staff.** We also continue to aggressively recruit emergency department physicians and remain focused on retention efforts for our talented and dedicated staff to improve working conditions and promote a healthy work-life balance.

Plans are underway for the **renovation and construction of our existing operating rooms (OR)**, which is part of Horizon's overall plan to increase OR use in community

hospitals across the province to help alleviate the surgical backlog for less complex day surgeries and in turn allow less wait time for more complex surgeries in the regional hospitals. Approximately \$2 million has been committed to this work.

Earlier this year, the provincial government granted **conditional approval to Beal University Canada to deliver a Bachelor of Science in Nursing program in New Brunswick, and, more specifically, at SMH.** This is a unique opportunity for us to build a clinical education program at this hospital, and we have a dedicated team to support this initiative.

These positive stories would not be possible without the generous support of donors, our committed and hard-working Foundation Board, hospital staff, and the tireless and passionate resolve of the Sackville/Tantramar community to keep their community hospital operating and functional.

Christa Wheeler-Thorne
BSc BN RN M.Org.Mgmt

*Executive Director,
Horizon's The Moncton Hospital
& Sackville Memorial Hospital*



DONATION FORM

Yes, you can count on my support!

Enclosed is my gift of:

● \$35 ● \$50 ● \$100 ● \$250 ● Other \$ _____

Please make your cheque payable to:
Sackville Memorial Hospital Foundation
8 Main Street, Sackville, NB E4L 4A3
Tel. 506.364.4205
E-mail: smhfoundation@horizonnb.ca



Donate online at smhf.ca. Our online donation feature offers an instant, secure, and easy way to give.

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thank you!



Check out where some of your donations have been spent!

- \$2000 to the local food bank in support of The Pantry, a TRHS program for students dealing with food insecurity
- Purchased a Fire TV Stick HD streaming device, tablet and case, and a light projector with sound machine (capable of streaming users' own music) for the Serenity Suite (Palliative Care) at SMH
- Provided funds for a stereo system at the Port Elgin and Region Health Centre (shown above)
- Contributed, along with the Rotary Club and the SMH Auxiliary, to Horizon's Student Engagement Day at SMH
- Partnered with the SMH auxiliary towards the staff Christmas lunch.

Foundation is grateful for the following Lead Gifts to our Rest Restore Reconnect Campaign



Moneris Gives \$20,000
Tanya Becker, Director of Customer Experience, Moneris, presents Foundation Chair Bill Evans with a \$20,000 campaign gift.



Atlantic Industries Limited (AIL) Donates \$30,000
Mike Wilson, President, AIL, presents a \$30,000 cheque to campaign volunteer Pat Estabrooks.

New Website Coming to a Browser Near You!

SMHF.ca is getting a fresh new look very soon and we are bursting with delight! Highlights: Giving will be simplified; improved layout to demonstrate donor impact; streamlined design and navigation. Keep your eyes open for SMHF.ca going LIVE this summer.



Staff Education: A Foundation Priority

The following Horizon Health Network staff were awarded funds since October 2022, which in turn benefits patients and their families. Education funding is a partnership between the Foundation, SMH and the SMH Auxiliary. **Over \$6,000 was invested in the staff education opportunities below.**

Staff person	Department	Participated in
Hailey Langille, Dietician	Food Services	NB Professional Diabetes Conference
Julie Martin, RN	Emergency	Nurse Practitioner Practice Online Course
Cynthia Belliveau, RN Diabetic Educator	Diabetic Education	OPANA—The Road to Recovery Conference
Akhila Simon, RN	OR	Funds towards Masters of Science in Nursing
Corinna Power, Nurse Practitioner	Port Elgin Health Centre	Nurse Practitioners of NB Conference
Lisa Frizzell, RN Staff Educator	Emergency	Wound Care Conference, Virtual Monthly Cardiovascular Education
Angela Tower Nurse Practitioner	Family Practice	Nurse Practitioners of NB Conference
Jennifer Newman, Physiotherapist	Physio	Part B—Cervical and Thoracic Spine Online Course, Bone Fit Online Course

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MISSION STATEMENT

The mission of the Sackville Memorial Hospital Foundation is to raise funds and administer its resources to preserve, maintain and enhance the quality of health care in the Tantramar region.